

Women's Light Weight

Name	Weight Class	Squat 1	Squat 2	Squat 3	Press 1	Press 2	Press 3	DL 1	DL2	DL3	Total	FORMULA
Ashley Tvardzik	Light	215	225	250	80	90	1	260	275	290	630	489.447
Nicole Rutherford	light	165	175	185	70	75	80	165	175	185	450	376.11
Brenda Frazier	light	200	210	2.25	85	90	90	285	300	315	615	486.957
Kayla Hansen	Heavy	165	185	210	70	75	8.5	240	255	285	570	424.821
Heather Abel	light	220	230	2.5	95	100	105	230	240	250	585	479.817
Melissa Barker	light	135	145	160	55	6.5	6.5	150	160	1.85	375	336.75
Crystle Farina	light	125	135	1.45	70	70	7.5	185	190	190	395	322.2805
Beth Baker	Light	140	150	160	75	80	8.5	185	195	200	440	346.148
Kimberly Storm	Heavy	225	235	250	75	80	9	230	250	265	595	420.903
Kristen Coyler	Heavy	215	230	250	100	105	110	285	300	310	670	488.631
Christine Roche	Heavy	270	290	305	95	110	1.15	315	330	345	760	449.236
Sarah Jones	heavy	175	185	200	65	75	0.8	240	250	2.65	525	371.385
Kathy Carhart	Heavy	235	245	255	80	90	100	260	285	300	655	444.483
Desirae Williams	heavy	150	160	175	90	100	110	165	185	225	510	420.1825
Jenna Havey	heavy	255	275	285	90	95	1	245	260	285	665	412.034
Shauna Rowdon	heavy	210	220	235	80	0.9	0.9	225	240	260	575	391.6325
danielle Marsalek	heavy	190	200	215	80	85	90	310	320	335	640	439.424
Mallory	heavy	190	200	210	75	80	8.5	200	230	250	540	387.072
Patricia Shaffer	Heavy	270	285	300	115	125	135	320	335	350	785	495.8845
Rose Ryon	Heavy	165	175	195	85	85	0.9	190	215	230	510	331.092
Greg Brock	heavy	415	450	490	215	230	250	465	515	550	1290	684.732
Matt Thompson	heavy	330	370	415	190	210	225	405	465	510	1150	689.31
Mike Christman	Heavy	375	405	415	165	165	170	395	425	445	1030	577.212
Bryan Brillhart	Heavy	355	375	3.8	165	170	1.75	405	425	440	985	561.45
Steven Barker	heavy	350	365	4	160	165	1.75	450	475	500	1030	560.423
Ben Yelton	heavy	245	260	275	145	155	170	315	365	405	850	446.59
Robbi Lease	heavy	410	455	4.7	190	200	2.1	485	515	5.5	1170	630.747
Keenan Ponts	heavy	360	405	430	150	165	1.85	425	460	500	1095	578.598
Brad Utz	heavy	275	300	315	140	150	1.7	330	345	365	830	437.908
Adam Broe	Heavy	340	340	350	160	165	175	350	375	405	930	496.806
Sean Smithson	Light	290	325	3.5	155	170	175	405	4.5	4.5	905	596.6665
Casey Mann	Light	345	355	370	155	165	1.75	405	425	435	970	573.852

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Lukas Spurrier	light	360	3.8	3.8	165	165	1.7	395	415	430	955	558.0065
Brian Rice	light	275	300	325	125	135	150	405	415	430	905	648.4325
Kevin Oconnell	Heavy	385	415	435	150	175	190	365	425	475	1100	591.03
dave Stair	light	380	395	4	170	185	200	410	450	465	1060	619.358
Jake Smith	light	305	330	350	155	175	1.9	355	375	400	925	560.18
Eric Shugars	Light	360	380	4	170	175	1.8	390	410	430	985	616.807
Jonathon Freeman	heavy	375	410	415	175	190	2	475	5.15	5.15	1080	580.932